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Sevadal Mahila Mahavidyalaya

Place For Higher Learning & Research (Research Academy)

Sakkardara Square, Umrer Road, Nagpur - 440024 (M.S.) Phone No.: 0712-2705037, 2752344 Fax.: 0712-2705037

E-mail: sevamahilamv@gmail.com; sevamahilamv@gmailto:sevamah

Website: https://sevadalmahilamahavidyalaya.ac.in

Annual Report of NATIONAL SERVICE SCHEME



Submitted to

National Service Scheme Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

Academic Session 2018 - 2019

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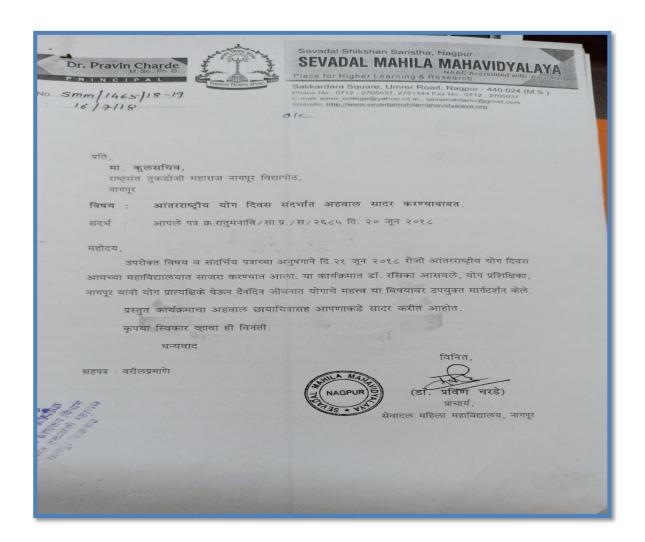
Comprehensive Report on Activities carried out by the National

Service Scheme Unit, Sevadal Mahila Mahavidyalaya, Nagpur

Academic Session: 2018-2019

International Yoga Day and World Music Day: 21st June 2018

On the occasion of World Music Day and International Yoga Day, a special lecture and Yoga Session of Hon'ble Mrs. Rasika Aswale, Yoga Trainer was organized on 21st June 2018 at 11.00 a.m. This programme was presided over by Hon'ble Principal Prof. Pravin Charde. Hon'ble Dr. Ms Rasika Aswale explained the importance of Yoga and music in human Life. She told about the ancient history about yoga in Indian culture. She talked about the Patanjali Yoga and its impact in India as well as world. She conducted a Yoga session and explained the importance physical exercises. She also told about the healing techniques of yoga in several diseases. She put focus on the importance of reciting 'Omkar' in daily life. She also talked about the life style and their side effects on our health. She suggested the practice of some yoga aasanas in our day today life to keep the balance of health. In the presidential address, Hon'ble Principal highlighted the need of Yoga and Music in today's stressful life. He also suggested practicing yoga and instrumental music for meditation to keep the mind and soul pure and peaceful. He also shared his own experiences. The programme was conducted by Ms. Reeta Dhandekar, Convener, cultural committee.





Hon'ble Principal sir and Yoga Trainer Ms. Rasika Aswale sharing the dais





Participants are performing Yoga

Distribution of Nutritious Food and Fruits to students of Zila Parishad School at Bahadura: 27th September, 2018

The NSS team of Sevadal Mahila Mahavidyalaya, Nagpur paid visit to ICSD of Bahadura village on 27th September, 2018. Dr. Sopandeo Pise, Programme Officer, NSS unit, Dr. Girish Kawale, Dr. Sanghamitra Kolarkar and Dr. Meghali Joharapurkar madam visited the Zila Parishad School at adopted village Bahadura. The Principal madam of the school welcomed the team at the school and introduced them to the school children.

Dr. M. M. Joharpurkar, Head, Department of Food and Nutrition and the NSS member of the college provided in-depth information regarding the importance of staple diet in one's life. She also informed about nutritious food to be had in day to day life. Dr. Sanghamitra Kolarkar, Head, Department of Home Economics of the college and also NSS team member interacted with the little school children and informed them about variety of food for healthy life. The school children were very attentive and enthusiastic about the information they received during the entire session.

After an interactive session, the NSS team members distributed healthy food to the students.



Dr. M. M. Joharpurkar, NSS team member during an interaction with school children





Interaction with school children about the importance of healthy food in life

Gram Swacchata Abhiyan: 2nd October, 2018

- Sevadal Mahila Mahavidyalaya, Nagpur,
- NIT Gardern, beside Sevadal Mahila Mahavidyalaya, Nagpur and
- Sevadal Mahila Mahavidyalaya Girl's Hostel, Narsala, Nagpur

Swachha Bharat Abhiyan is a national level campaign run by the Indian Government. This campaign promotes sanitation programme in the rural areas, cleaning streets, roads and changing the infrastructure of the country to lead the country ahead.

Contributing the share to the Swachha Bharat Abhiyan, **National Service Scheme** unit and **Cultural Committee** of the Sevadal Mahila Mahavidyalaya always plans the events and puts more stress on converting the idea into the concrete action. In this regard, Swachha Bharat Abhiyan uder the title "Swachchta Hich Sewa" was organized on dated 2nd October, 2018 in the college campus, Sevadal Mahila Mahavidyalaya Premises No.2, Girl's Hostel, Narsala, Nagpur and in a NIT garden near the college. Large number of NSS students contributed their service and cleaned the area. Beside they also spread awareness among the students and people of the adjacent area about the importance of cleanliness in the life for better living.

Hon'ble Prof. Pravin Charde, Principal, Sevadal Mahila Mahavidyalaya expressed the views about cleanliness drive and wished to organize such programme in future too for the betterment of the Society. Dr. Reeta Dhandekar, Dr. Sopandeo Pise, Mr. P. M. Gajbhiye, Dr. R. D. Gadewar, Dr. S. G. Rokade, Dr. G. S. Kawale, Mr. N. A. Khandekar, Mr. S. T. Bakhade, Dr. (Mrs.) M. M. Joharapurkar, Mrs. A. M. Duragkar, Mrs. S. D. Kolarkar organized the event successfully.

Swachha Bharat Abhiyan is also conducted at Sevadal Mahila Mahavidyalaya Premises No.2, Girl's Hostel, Narsala, Nagpur on 3rd October, 2018. Students of Sevadal Mahila Mahavidyalaya under the guidance of Members of Hostel Committee Dr. (Mrs.) A. S. Dhoble, Mr. S. T. Bakhade, Mr. R. R. Nagpure, Mrs. J. D. Kamble, Dr. (Mrs.) N. A. Tiwade and Mr. N. A. Khandekar. Students clean the playground and surroundings.





Swachchata Abhiyaan at NIT Park near College premises



Volunteers along with NSS team Members



Collecting the Leaf litters

Swachchata Abhiyaan at Sevedal Mahila Mahavidyalaya Premises 2, Narsala Hostel, Kirti Nagar, Nagpur



Cleanliness Drive beside Hostel area



Cleanliness Drive beside Hostel area



Students cleaning the Hostel Premises



Volunteers and Staff Members participated in the Clealiness Drive

Participation at State Level Adventure Camp, Chikhaldhara Dist. Amravati: 29/01/2019 to 02/02/2019

The National Service Scheme Cell, Sant Gadge Baba Amravati University, Amravati in association with Higher & Technical Education Department, Government of Maharashtra organized State Level Adventure Camp at Chikhaldhara Dist. Nagpur. This adventure camp was also organized by National Adventure Foundation Amravati Chapter, Amravati. This adventure camp at Chikhaldhara aimed at engaging the volunteers in outdoor activities and outdoor sport such as mountain climbing, mountain biking, climbing, nature hikes and forest restoration. The team building activities, adventure sports and leadership building have also been carried out in this adventure camp.

Shivani Gulabrao Kamdi, NSS volunteer and Mr. Sharad Bakhade, Head, Department of Physical Education of the college participated in this five days adventure camp. This camp was held from 29th January, 2019 to 02nd February, 2019.

Sant	nical Education De & Gadge Baba Amra National Service Se E Level Adver	vati University cheme Cell, nture Camp				
Certificate Certified that Shri/Ku. Shivani Gulabrao Kamdi College Sevadal Mahila Mahavidyalaya						
of R.T.M. Nagpur Participate in the Adventure Camp held at Chikhaldara, Dist. Amravati From 29/01/2019 to 02/02/2019						
Dr. Atul Salunke State Liaison Offcer & Officer on Special Duty NSS Cell, Govt. of Maharashtra	Dr.Rajesh Burange 1/C. Director National Service Scheme Sant Gadge Baba Amravati University, Amravati	Dr. Vijay V. Pande Director NAF, Amravati	Dr. Uday N. Manjre Organizing Seretary NAF Amravati			

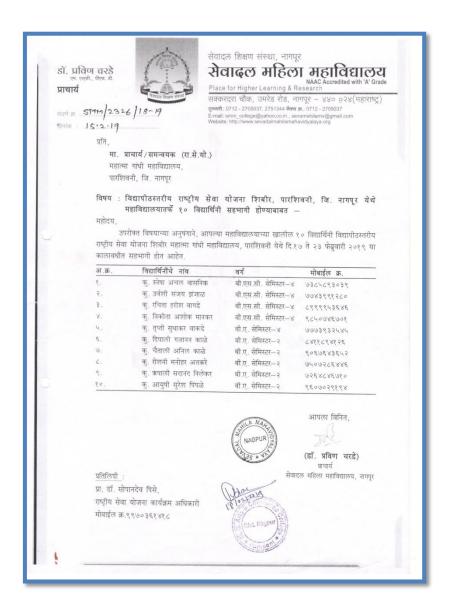
A certificate of Participation in Adventure Camp



A Certificate of participation in Adventure Camp, Chikhaldhara

Participation at University Level National Service Camp at Palora, Tah. Parshivani Dist. Nagpur: 17/02/2019 to 23/02/2019

Mahatma Gandhi Arts and Commerce College, Parshivani, a college run by VSPM Academy for Higher Education, Nagpur organized Seven Days University Level National Service Scheme camp at the adopted village Palora, Tah. Parshivani Dist. Nagpur from 17th February, 2019 to 23rd February, 2019. The theme of this seven days NSS camp was, 'Swacch Bharat Abhiyan'. 10 NSS volunteers from the college participated in this camp.



List of Participants in NSS camp, Parshivani

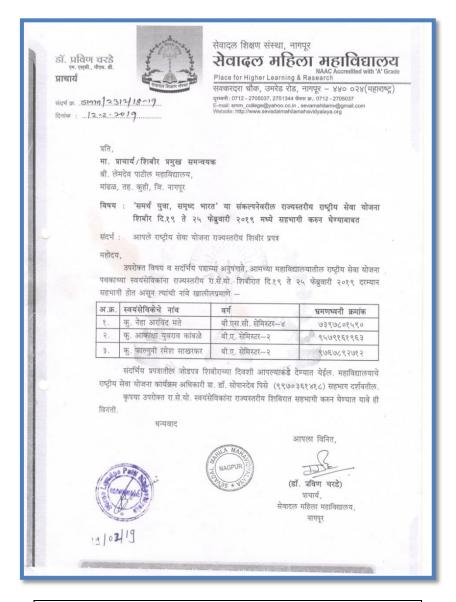




Certificates of Participation in University Level NSS Camp, Parshivani

Participation at State Level National Service Camp at Mandhal, Tah. Kuhi Dist. Nagpur: 19/02/2019 to 25/02/2019

The National Service Scheme, Rashtrasant Tukadoji Maharaj, Nagpur University, Nagpur and Shri Lemdeo Patil Mahavidyalaya, Mandhal Tah. Kuhi Dist Nagpur run by Shri Chaitanyeshwar Shikshan Mandhal, Nagpur organized Seven Days State Level National Service Scheme Camp at Lemdeo Patil Mahavidyalaya, Mandhal from 19th February, 2019 to 25th February, 2019. The theme of this seven day NSS camp was 'Samarth Yuva, Samruddha Bharat'. The NSS volunteers from many colleges in Maharashtra state participated in this state level camp. 03 NSS volunteers from the college participate in this camp.



List of Participants for State Level NSS Camp, Mandhal





Certificates of Participation

Sevadal Mahila Mahavidyalaya, Nagpur

National Service Scheme Special Camp

Venue: Gram Panchayat, Bahadura, Dist. Nagpur

Date: 04th March, 2019 to 10th March, 2019

The National Service Scheme unit of Sevadal Mahiala Mahavidyalaya, Nagpur under Sevadal Education Society, Nagpur organised Seven Days Special Camp at Bahadura village, District Nagpur from 04th March, 2019 to 10th March, 2019.

The National Service Scheme strives to strengthen the youth of the country by organising various social, cultural and educational programmes. At college level, the NSS inculcates a sense of social responsibility and a sense of service to humanity.

With its inception in 1969, the National Service Scheme is committed to serve humanity. The aim of the NSS is 'Not me but you'. The NSS unit of the college organises various programmes and campaigns for the fulfilment of the dreams seen by the founders of the country. Many campaigns such as the environmental conservation, Swacch Bharat Abhiyan, extension of helping hands to the needy people in natural disasters, maintenance of national and social integrity, etc. are undertaken by college NSS unit as per the timely directions and suggestions received by the office of Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur. All such activities couldn't be possible without the timely support and able guidance, Prof. Pravin Charde, Hon'ble Principal, Sevadal Mahila Mahavidyalaya, Nagpur.

During this seven days NSS Special Camp at Bahadura village, most of the activities like, Social Awareness Rally, Women Empowerment programme, Swacchata Abhiyan, Mental and physical health, Superstition Eradication Programme, Best from Waste drive have been carried out by the NSS unit.

Total 75 NSS volunteers and 07 NSS teaching, non-teaching members participated in this camp. They wholeheartedly participated in each and every activity and made the camp a success.

In the camp, special lecture series and programmes were executed on Antisuperstition, Social Activities, etc. Anti-Dowry, Save Girl Child awareness rallies were organized in the village to spread awareness among the populace. Cleanliness programme was done in the village.





Guest Speakers addressing NSS volunteers during NSS camp at Bahadura





Guests expressing their views on Superstition Eradication and Sant Tukadoji maharaj





NSS volunteers cleaning the locality during Swacchta Abhiyan





Social Awareness Rally and NSS volunteers during social survey at Bahadura village

Conclusion:

The National Service Scheme unit of the college is thankful to the principal of the college, Prof. Pravin Charde who extended his guidance and support time and again to the special camp of National Service Scheme. The NSS unit is also thankful to Shri Narendraji Nadurkar, Social worker from Bahadura village for his constant help and support during the entire span of this camp. The thanks are also due to Dr. Keshav Walke, Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur for giving the college NSS unit to organize this special camp and providing a platform for volunteers to serve society and the nation. Program Officer Dr. Sopandeo V. Pise, Mr. P. M. Gajbhiye, Co-Programme Officer, Mrs. A. M. Duragkar, Dr. G. S. Kawale, Dr. Mrs. Joharpurkar madam, Mr. N. A. Khandekar, Mrs. S.D. Kolarkar and Mr. S. T. Bakhade worked hard for the success of the camp.

At last but not the least, the wholehearted efforts of NSS volunteers of the college can't be unnoticed. The NSS volunteers participated in every activity undertaken during this camp and contributed to grand success of this seven days special camp.

(**Dr. Sopandeo V. Pise**)
Programme Officer
National Service Scheme
Sevadal Mahila Mahavidyalaya, Nagpur

(**Prof. Pravin Charde**)
Principal
Sevadal Mahila Mahavidyalaya
Nagpur